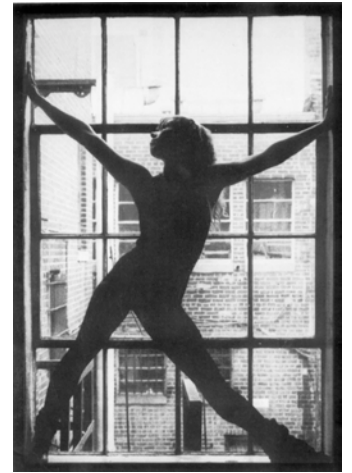


# Dance Theatre Studio

## Adult Schedule

John J. Durbin, Director  
711 N. University (Near State Street)  
Above Moe Sport Shops  
Studio: (734) 995-4242  
Residence: (810) 229-5140

Correspondence to:  
Dance Theatre Studio  
P.O. Box 4249  
Ann Arbor, MI 48106-4249  
Email: [dancetheatrestudioa2@gmail.com](mailto:dancetheatrestudioa2@gmail.com)  
Website: [www.dancetheatrestudio.com](http://www.dancetheatrestudio.com)  
Facebook: <http://www.facebook.com/DanceTheatreStudio>



## Class Levels

**Beginning I:** The student has had no dance training. These classes introduce the vocabulary of dance technique and build a basic foundation. Students usually take 2-3 terms at this level.  
**Beginning II:** The student has had little dance training, or it has been a long time since the student has studied dance. A Beg II level class reviews the vocabulary of dance technique, and it continues to build a basic foundation. Combinations are introduced at this level.  
**Intermediate:** The student has achieved a working knowledge of dance technique fundamentals introduced in Beg I and Beg II level classes and has achieved strength and flexibility.  
**Advanced:** The student is ready to work on all facets of dance technique, having achieved a considerable amount of strength and flexibility.

\*Advanced Pilates is structured for students with experience in Pilates.

**Private lessons are available. Please contact the studio office or an instructor to schedule.**

## Fees for 14 Weeks

Each 45 minute class	\$ 133.00
Each 60 minute class	\$ 154.00
Each 75 minute class	\$ 175.00
2 classes:	10% discount <b>off total</b>
3 classes:	20% discount <b>off total</b>
4 classes:	30% discount <b>off total</b>
5 or more classes:	40% discount <b>off total</b>

\*There is a one-time enrollment fee of \$10 for new students.

\*Special payment schedules may be arranged for students registered for more than one class.

\*Visa/MasterCard accepted.

\*Groupon clients are welcome to take any six classes on the schedule before November 19, 2011. Please visit the office for your class card.

**Dance Theatre Studio** has an excellent 33 year reputation, is a member of Cecchetti Council of America, M.D.C., Washtenaw County's Buy Local First and is a strong supporter of the arts.



## Classes

**Adult Performance** is a performance class taken in addition to a jazz technique class. This class offers the students an opportunity to perform a variety of choreography. We welcome students at a Beginning II level or higher to participate.

**Ballet/Pointe** technique is a highly disciplined training in which a fairly standard progression of exercises builds the strength and flexibility required for classical positions and steps.

**Ballroom** includes partner dances such as cha-cha and swing as well as traditional waltz and tango. A partner is not necessary for participation. Ballroom classes are offered as private lessons. Personalized wedding dances and instruction is available.

**Body Sculpting/Stretch and Strength** is an aerobic and fitness based class designed trim and tone the body and target problem areas. Through cardio kickboxing, dance steps and simple strength exercises, participants will burn fat, increase stamina and get in better total body shape.

**Cardio Ballet** is a specialized workout class that combines the tenets of a ballet barre and an aerobic exercise program. Participants will enhance tone, flexibility, and agility while focusing on proper posturing and alignment.

**Hip Hop** dance utilizes the various rhythms of modern music combined with a wide variety of styles. Classes consist of warm-up, center, floor work and varied stylistic combinations.

**Jazz** dance utilizes the various rhythms of music combined with isolations of the body. Classes consist of center and floor work, across the floor techniques and varied stylistic combinations.

**Pilates** is designed to improve core strength and flexibility through resistance training and broad stretching primarily utilizing the mat. The class enhances energy levels and mobility and decreases stress and tension. Participants need to have a towel for class.

**Tap** dance is the use of both feet as a musical instrument. The object of this form of dance is to master the use of the body and feet in playing melodic patterns and drumming out rhythms.

**Yoga** rejuvenates your spirit while toning your body and calming your mind. Participants benefit from increased concentration while toning and lengthening muscles and learning to work with breath rhythms. This class creates a supportive and encouraging environment for beginners while offering multi-level postures for more advanced practitioners. Participants need a mat for class.

## Dance Theatre Studio

P.O. Box 4249

Ann Arbor, MI 48106-4249



# Fall 2011

## 14 Week Session

Open Tuesday, September 6, 2011 through Sunday, December 18, 2011.  
Closed Tuesday, November 22-Sunday, November 27, 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Beg II Ballet</b> John J. Durbin Studio A 6:45-8:00pm	<b>Pilates</b> Anne K. Durbin Studio B 5:15-6:00pm	<b>Adv Ballet</b> Belen Guzman Studio A 6:00-7:15pm	<b>Cardio Ballet</b> Anne K. Durbin Studio B 5:15-6:00pm			
<b>Beg I Jazz</b> Elyse Brogdon Studio C 7:30-8:30pm	<b>Int Ballet</b> John J. Durbin Studio A 6:00-7:15pm	<b>Int/Adv Pointe</b> Amanda Maczik Studio A 7:15-8:00pm	<b>Beg II Hip Hop</b> Michelle Millard Studio A 6:00-6:45pm	<b>Adv Ballet</b> Belen Guzman Studio A 12:15-1:30pm		
<b>Beg II Jazz</b> Jayme Deeb Studio A 8:00-9:15pm	<b>Cardio Ballet</b> Anne K. Durbin Studio B 6:00-6:45pm	<b>Beg I Tap</b> Anne K. Durbin Studio B 7:15-8:00pm	<b>Pilates</b> Anne K. Durbin Studio B 6:00-6:45pm	Youth Arts Program	Youth Arts Program	
<b>Beg I Ballet</b> John J. Durbin Studio B 8:00-9:15pm	<b>Int/Adv Tap</b> Michelle Millard Studio C 6:30-7:15pm	<b>Men's Ballet</b> John J. Durbin Studio C 7:15-8:00pm	<b>Low Impact Int Tap</b> Anne K. Durbin Studio A 6:45-7:30pm	Youth Arts Program	Youth Arts Program	
<b>Beg I Hip Hop</b> Elyse Brogdon Studio C 8:30-9:15pm	<b>Beg II Tap</b> Anne K. Durbin Studio B 6:45-7:30pm	<b>Int/Adv Hip Hop</b> Britta Wunderlich Studio A 8:00-9:00pm	<b>Beg I Ballet</b> Trisha Schwartz Studio B 6:45-8:00pm	Youth Arts Program	Youth Arts Program	
UM Ballroom Team	<b>Adv Jazz</b> Michelle Millard Studio A 7:15-8:30pm	<b>Adv Pilates*</b> Anne K. Durbin Studio B 8:00-9:00pm	<b>Body Sculpting</b> Michelle Millard Studio C 6:45-7:30pm	Youth Arts Program	Youth Arts Program	
UM Ballroom Team	<b>Beg I/II Pointe</b> Trisha Schwartz Studio C 7:15-8:00pm	UM Ballroom Team	<b>Int. Jazz</b> Michelle Millard Studio A 7:30-8:45pm	Youth Arts Program	Youth Arts Program	
UM Ballroom Team	<b>Int/Adv Hip Hop</b> Michelle Millard Studio A 8:30-9:30pm	UM Ballroom Team	<b>Adult Performance</b> Millard/Schwartz Studio A 8:45-9:30pm	Youth Arts Program	Youth Arts Program	

### Mail-in Registration Form

Name \_\_\_\_\_ Class(es): \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_ Fee \_\_\_\_\_

Street Address \_\_\_\_\_ \$ \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ \$ \_\_\_\_\_

Phone (C/H/W) \_\_\_\_\_ \$ \_\_\_\_\_

E-mail \_\_\_\_\_ \$ \_\_\_\_\_

Credit Card Information: \_\_\_\_\_ Subtotal: \$ \_\_\_\_\_

No. \_\_\_\_\_ Paid: \$ \_\_\_\_\_ Method: \_\_\_\_\_ Discount: \$ \_\_\_\_\_

Exp. Date \_\_\_\_\_ 3 Digit Security Code \_\_\_\_\_ New Student Fee: \$ \_\_\_\_\_

**Total:** \$ \_\_\_\_\_

**I have read and agree to the following:**

To ensure placement in a class, full registration fee must be paid in advance. Dance Theatre Studio reserves the right to cancel or reschedule classes due to insufficient enrollment and change instructors when necessary. Students may make up classes missed during the current session only. NO REFUNDS will be issued after the second class meeting. The single class fee for any classes taken and an administration charge will be deducted from any refunds issued.

I recognize the risks of illness and injury inherent in any dance program and am participating upon the expressed agreement and understanding that I am hereby waiving and releasing Dance Theatre Studio, its directors, employees and agents from and against all claims, costs, liabilities, expense or judgments, including attorney's fees and court costs arising out of my participation in Dance Theatre Studio's programs or any illness or injury resulting there from, and against any and all claims, except for illness and injury directly resulting from gross negligence or willful misconduct on the part of Dance Theatre Studio, its directors, employees and agents.

I will not post on the Internet any picture or video taken on Dance Theatre Studio's property or use any photos or video taken of Dance Theatre Studio's students or choreography without expressed written permission from the director of Dance Theatre Studio.

Signature \_\_\_\_\_

Date \_\_\_\_\_